



INTERNATIONAL BUDO FEDERATION (UK) LTD.

CODE OF CONDUCT & ETIQUETTE

CODE OF CONDUCT

1. PARTICIPATE IN MARTIAL ARTS FOR ENJOYMENT AND IN A MANNER CONSISTENT WITH THE IBF VALUES OF HONESTY, RESPECT, TRUST, AND MARTIAL ARTS SPIRIT.
2. RESPECT THEIR SENSEI'S, TEAM-MATES, OPPONENTS, OFFICIALS, AND OTHER ADULTS.
3. PRAISE POSITIVE ASPECTS OF TEAM-MATES' TECHNIQUES, ESPECIALLY EFFORT, COMMITMENT AND NOT TO PLACE BLAME ANYWHERE.
4. ACCEPT THAT SAFETY AND WELFARE ARE MORE IMPORTANT THAN ANYTHING ELSE; THEY SHOULD NOT BEHAVE IN ANY WAY THAT RISKS THE HEALTH AND SAFETY OF THEMSELVES OR OTHERS.
5. FOLLOW THE RULES OF THE CLUB AND OBEY THE LAWS AND RULES OF THE GOVERNING BODY.
6. CO-OPERATE FULLY WITH THEIR SENSEI.
7. ACCEPT RESPONSIBILITY FOR THEIR BEHAVIOUR AND PERFORMANCE. ACCORDINGLY STUDENTS MUST TAKE RESPONSIBILITY FOR THEIR OWN ACTIONS.
8. IF IN DOUBT, FIND OUT FROM THE SENSEI EXACTLY WHAT IS EXPECTED OF THEM.
9. ENCOURAGE OTHER STUDENTS TO OBEY THE RULES OF THE DOJO AND
10. SHOW SPORTSMANSHIP. NOT BREAK THE RULES OF THE CLUB OR THE LAWS OR BEHAVE IN ANY WAY THAT HARMS THE CLUB OR THE MARTIAL ARTS REPUTATION.
11. TAKE CARE OF AND RESPECT TRAINING FACILITIES, EQUIPMENT AND PROPERTY AND DISPOSE OF LITTER PROPERLY.

ETIQUETTE

1. ALWAYS REI (BOW) WHEN...
 - A. ENTERING OR LEAVING A DOJO (TRAINING ROOM)
 - B. BEGINNING AND END OF CLASS
 - C. ON AND OFF THE MAT
 - D. TALKING TO AN INSTRUCTOR (SENSEI)
 - E. BEGINNING AND END OF TRAINING WITH A PARTNER
 - F. BEGINNING AND END OF A GRADING
2. ALWAYS ADDRESS YOUR INSTRUCTOR AS SENSEI.
3. PERSONAL HYGIENE MUST ALWAYS BE OF A HIGH STANDARD.
4. ENSURE TOES AND FINGERNAILS ARE SHORT AND CLEAN.
5. ALWAYS WEAR A CLEAN IRONED GI (UNIFORM) AND MAKE SURE IT IS CORRECTLY BADGED WITH THE IBF BADGE.
6. WHEN AVAILABLE, PLEASE USE CHANGING ROOMS TO CHANGE BEFORE AND AFTER A LESSON, ESPECIALLY WHEN THERE ARE JUNIORS IN THE DOJO OR TRAINING VENUE.